



## H E A D W A Y S

head-ways

noun, plural

*Definition: To move forward or make progress, especially when circumstances make this slow or difficult.*

*Synonyms: Progress, make strides, gain ground, advance, proceed, move, get ahead, come along, take shape*

### **HEADWAYS for Athletic Directors: Developing Girl-Centered Athletic Programs** **2017-2018 Schedule and Topics**

HEADWAYS for Athletic Directors will be facilitated by Karen Sutton, Director of Athletics, Harpeth Hall (TN), and will occur on **Tuesdays at 1:00 p.m. Eastern Time:**

- ❖ **October 17, 2017: *Transgender and Gender Identity: What are Implications for Athletic Programs at All-girls Schools?***  
Topics to consider: roster policies, league rules, uniforms, locker room accommodations, overnight trips, coach sensitivity, and professional development
- ❖ **November 14, 2017: *Developing Coaching Excellence***  
Topics to consider: best hiring, retaining, supporting practices for coaches, evaluations and assessment, mentoring, other expectations, duties and responsibilities, and professional development
- ❖ **January 9, 2018: *Coaching and Teaching Generation Z***  
Topics to consider: parental involvement, social media, commitment level, club team conflicts of interest, private training/lessons
- ❖ **February 13, 2018: *College Admissions for Athletes***  
Topics to consider: role of the athletic department, parental expectations and student-athlete expectations, perceptions about recruiting and “athletics aiding the admissions process”
- ❖ **April 17, 2018: *Sports Medicine and Strength and Conditioning for the Female Athlete***  
Topics to consider: sports medicine, athletic trainers, equipment, training practices, injury prevention, levels of staffing for injury prevention, requirements, and classes